

4-Week Phonics Intervention Tracker

A structured 4-week plan for closing one specific skill gap at home, from the phonics-intervention-at-home guide — either the gap closes, or you'll have clear evidence it's time for outside help.

Name: _____

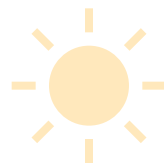
Date: _____

How to use this worksheet

- 1 Before week 1: pick one specific gap (letter-sound recall, blending, or reading fluency) — write it on each week's page.
- 2 Do 10-15 minutes a day, most days — daily beats occasional, even if shorter.
- 3 Check the box for each day's practice.
- 4 At the end of each week, mark how it's going — small weekly checks catch a plan that isn't working before a full month is spent on it.

Tip

Keep everything else the same while you run this 4 weeks — changing the curriculum, tutor, and schedule all at once makes it impossible to tell what worked.



Week 1 — Isolate and drill the specific gap

10-15 minutes a day. Check the box once that day's practice is done.

Short, repeated practice on just the target skill — a handful of sounds or words, not a full lesson.

This week's target skill:

Daily practice

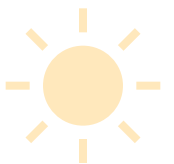
Mon	Tue	Wed	Thu	Fri	Sat	Sun
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End-of-week check: is this getting easier?

☐ Clearly improving

☐ A little better

☐ About the same



Week 2 — Add the skill into real words

10-15 minutes a day. Check the box once that day's practice is done.

Move from isolated drills into simple decodable words and short sentences using the target skill.

This week's target skill: _____

Daily practice

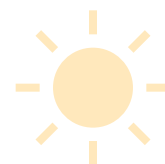
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End-of-week check: is this getting easier?

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☐ About the same



Week 3 — Build speed and consistency

10-15 minutes a day. Check the box once that day's practice is done.

Repeat familiar material to build automaticity; note whether errors are dropping.

This week's target skill: _____

Daily practice

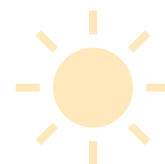
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End-of-week check: is this getting easier?

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Week 4 — Test in fresh material

10-15 minutes a day. Check the box once that day's practice is done.

Try the skill in new, unpracticed words and short texts to see if it transfers, not just repeats.

This week's target skill: _____

Daily practice

Mon	Tue	Wed	Thu	Fri	Sat	Sun
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End-of-week check: is this getting easier?

☐ Clearly improving

☐ A little better

☐ About the same

