

January Reading Goal Template

A lightweight goal-setting template for January that resets momentum after the winter break without adding pressure — from the new-year-reading-goals-for-kids guide.

Name: _____

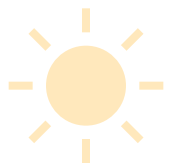
Date: _____

How to use this worksheet

- 1 Start smaller than your old routine, not bigger — write a shorter practice length than before the break.
- 2 Pick one specific, countable target, not a vague intention like "read more."
- 3 Let your child choose one piece of it — even just which book to start with.
- 4 Check off (or add a sticker to) each day on the 4-week tracker below.

Tip

If you fall off the tracker mid-month, that's normal — just restart the next Monday with the same or a slightly smaller target.



January Reading Goal

Fill in the 4-part template, then check off each day below.

This week's practice length (start smaller than before the break):

This month's specific, countable target:

The part my child chose:

Where we'll track it (e.g. this page, a calendar):

4-week tracker — one check (or sticker) per day

	M	T	W	T	F	S	S
Week 1	☐	☐	☐	☐	☐	☐	☐
Week 2	☐	☐	☐	☐	☐	☐	☐
Week 3	☐	☐	☐	☐	☐	☐	☐
Week 4	☐	☐	☐	☐	☐	☐	☐

