

# New sound: x

44

Lesson 44 of 83 (ages 3-6) / 38 of 77 (age 7+) · Letter Sounds · Ages 3-7+ · about 10 min

**GOAL**

**Your child can say /x/ when they see "x", and hear it in words like fox.**

**WHY IT MATTERS**

Every letter sound is a building block. Once your child knows /x/, they can use it in every word it appears in: fox, box, six.

**YOU'LL NEED**

- The practice sheet for this lesson (worksheet.pdf) and a pencil or crayon.
- The lesson page on a phone or tablet, for the sounds and games.

## LESSON FLOW about 10 minutes

1 min

**Warm up**

Quick flash of the last sounds: write "w", "v", "j" on paper, point, and your child says each sound.

SAY | "What sound is this? And this one?"

2 min

**Listen**

Play /x/ on the lesson page three times. Your child watches your mouth and copies.

SAY | "This is /x/. Watch my mouth: two sounds together: k + s."

2 min

**Show how**

Show the letter "x" and the action: Pretend to take an x-ray and say ks-ks-ks. Then tap the words on the lesson page.

SAY | "When I see x, I say /x/. fox: /x/ fox!"

2 min

**Do it together**

Sound hunt: find 3 things at home with /x/. Then do the trace-and-write part of the practice sheet. Read together: fox, box, six, mix, fix, wax.

2 min

**Play**

Play the games on the lesson page: hear /x/ and tap its letters, then find where the sound is in a word.

1 min

**Wrap up**

Ask your child to teach the sound and action to someone else in the family.

SAY | "Can you show Grandma our new sound?"

## USE WITH THIS LESSON

- **This lesson online (listening + games)**  
[phonicademy.com/plan/session/sound-x](https://phonicademy.com/plan/session/sound-x)
- **Printable: 43 Letter Sound Flashcards (PDF)**  
[phonicademy.com/printables/abc-phonics-flashcards-43](https://phonicademy.com/printables/abc-phonics-flashcards-43)
- **Read: Letter Sounds vs Letter Names: Which Should You Teach First?**  
[phonicademy.com/blog/letter-sounds-vs-letter-names](https://phonicademy.com/blog/letter-sounds-vs-letter-names)
- **The "x" sound — full page**  
[phonicademy.com/phonemes/x](https://phonicademy.com/phonemes/x)
- **Read: Phonemes List (Free PDF): 43 English Letter Sounds with Examples**  
[phonicademy.com/blog/43-english-phonemes-list](https://phonicademy.com/blog/43-english-phonemes-list)
- **Game: Letter Trace**  
[phonicademy.com/play/letter-trace](https://phonicademy.com/play/letter-trace)

## HEAR IT, FIND IT

Say the sound (not the letter name). Your child points to the letters. Tick first-try answers.

| # | SAY / SHOW | CHOICES | ANSWER   |                          |
|---|------------|---------|----------|--------------------------|
| 1 | Say /x/    | x, w, v | <b>x</b> | <input type="checkbox"/> |
| 2 | Say /w/    | w, x, v | <b>w</b> | <input type="checkbox"/> |
| 3 | Say /v/    | v, f, x | <b>v</b> | <input type="checkbox"/> |

## WATCH FOR common mix-ups and what to do

Adds "uh" to the sound (xuh).

-> Keep it short and clipped: whisper it. /x/, not xuh. Extra "uh" makes blending harder.

Forgets the sound the next day.

-> Normal! Repeat the action and the keyword daily for a week: the action is the memory hook.

### TOO HARD? MAKE IT EASIER

Only do the listening parts today: hear it, say it, find it in pictures. Save the writing for tomorrow.

### TOO EASY? MAKE IT HARDER

Read these words and then write two of them from memory: fox, box, six, mix, fix, wax.

## HOW DID IT GO?

### MY CHILD CAN...

- ☐ Says /x/ when shown "x".
- ☐ Hears /x/ in a word you say (fox).
- ☐ Writes "x" starting in the right place.

Date: \_\_\_\_\_

Colour in the stars:



Notes: \_\_\_\_\_