

New sound: igh

68

Lesson 68 of 92 (ages 3-6) / 62 of 86 (age 7+) · Vowel Teams & Tricky Words · Ages 3-7+ · about 10 min

GOAL

Your child can say /igh/ when they see "igh", and hear it in words like light.

WHY IT MATTERS

"igh" is 3 letters that make ONE sound. Seeing them as one unit stops your child reading the letters separately, and unlocks words like night, light, right.

YOU'LL NEED

- The practice sheet for this lesson (worksheet.pdf) and a pencil or crayon.
- The lesson page on a phone or tablet, for the sounds and games.

LESSON FLOW about 10 minutes

1 min

Warm up

Quick flash of the last sounds: write "ee", "ai", "nk" on paper, point, and your child says each sound.

SAY

"What sound is this? And this one?"

2 min

Listen

Play /igh/ on the lesson page three times. Your child watches your mouth and copies.

SAY

"This is /igh/. Watch my mouth: start with the mouth open 'ah', then slide into a smile 'ee'."

2 min

Show how

Show the letters "igh" and the action: Stretch your arms up high and say igh-igh-igh. Then tap the words on the lesson page.

SAY

"When I see igh, I say /igh/. light: /igh/ light!"
"Two letters, one sound. They're best friends: they always stick together."

2 min

Do it together

Sound hunt: find 3 things at home with /igh/. Then do the trace-and-write part of the practice sheet. Read together: night, light, right, high, sigh, might.

2 min

Play

Play the games on the lesson page: hear /igh/ and tap its letters, then find where the sound is in a word.

1 min

Wrap up

Ask your child to teach the sound and action to someone else in the family.

SAY

"Can you show Grandma our new sound?"

USE WITH THIS LESSON

- **This lesson online (listening + games)**
[phonicademy.com/plan/session/sound-igh](https://www.phonicademy.com/plan/session/sound-igh)
- **Printable: Vowel Sounds Chart (Free PDF)**
[phonicademy.com/printables/abc-phonics-vowel-sounds-chart](https://www.phonicademy.com/printables/abc-phonics-vowel-sounds-chart)
- **Read: 20 Vowel Sounds Chart (Free PDF) with Examples**
[phonicademy.com/blog/vowel-sounds-chart](https://www.phonicademy.com/blog/vowel-sounds-chart)
- **The “igh” sound — full page**
[phonicademy.com/phonemes/igh](https://www.phonicademy.com/phonemes/igh)
- **Read: Vowel Teams List (Free PDF): ai, ay, ea, ee, oa, oo**
[phonicademy.com/blog/vowel-teams-list](https://www.phonicademy.com/blog/vowel-teams-list)
- **Printable: Vowel Team Flashcards: ai, ee, oa, oo and more (PDF)**
[phonicademy.com/printables/flashcards-vowel-teams](https://www.phonicademy.com/printables/flashcards-vowel-teams)

HEAR IT, FIND IT

Say the sound (not the letter name). Your child points to the letters. Tick first-try answers.

#	SAY / SHOW	CHOICES	ANSWER	
1	Say /igh/	igh, ee, ai	igh	☐
2	Say /ee/	ee, e, igh	ee	☐
3	Say /ai/	ai, a, igh	ai	☐

WATCH FOR common mix-ups and what to do

- | | |
|--|---|
| Says the sound too quickly to hear. | -> /igh/ can be stretched: hold it like a long note, ighighighigh, then let go. |
| Reads the letters one by one (i-g-h). | -> Put one finger under both letters at once: "these two make one sound". |
| Forgets the sound the next day. | -> Normal! Repeat the action and the keyword daily for a week: the action is the memory hook. |

TOO HARD? MAKE IT EASIER

Only do the listening parts today: hear it, say it, find it in pictures. Save the writing for tomorrow.

TOO EASY? MAKE IT HARDER

Read these words and then write two of them from memory: night, light, right, high, sigh, might.

HOW DID IT GO?

MY CHILD CAN...

- ☐ Says /igh/ when shown "igh".
- ☐ Hears /igh/ in a word you say (light).
- ☐ Writes "igh" as one sound unit.

Date: _____

Colour in the stars:



Notes: _____