

New sound: f

35

Lesson 35 of 83 (ages 3-6) / 29 of 77 (age 7+) · Letter Sounds · Ages 3-7+ · about 10 min

GOAL

Your child can say /f/ when they see "f", and hear it in words like fan.

WHY IT MATTERS

Every letter sound is a building block. Once your child knows /f/, they can use it in every word it appears in: fan, fun, fat.

YOU'LL NEED

- The practice sheet for this lesson (worksheet.pdf) and a pencil or crayon.
- The lesson page on a phone or tablet, for the sounds and games.

LESSON FLOW about 10 minutes

1 min

Warm up

Quick flash of the last sounds: write "b", "h", "r" on paper, point, and your child says each sound.

SAY

"What sound is this? And this one?"

2 min

Listen

Play /f/ on the lesson page three times. Your child watches your mouth and copies.

SAY

"This is /f/. Watch my mouth: top teeth on bottom lip, blow."

2 min

Show how

Show the letter "f" and the action: Let a balloon deflate slowly and say fffff. Then tap the words on the lesson page.

SAY

"When I see f, I say /f/. fan: /f/ fan!"

2 min

Do it together

Sound hunt: find 3 things at home with /f/. Then do the trace-and-write part of the practice sheet. Read together: fan, fun, fat, fit, fog.

2 min

Play

Play the games on the lesson page: hear /f/ and tap its letters, then find where the sound is in a word.

1 min

Wrap up

Ask your child to teach the sound and action to someone else in the family.

SAY

"Can you show Grandma our new sound?"

USE WITH THIS LESSON

- **This lesson online (listening + games)**
phonicsacademy.com/plan/session/sound-f
- **Printable: 43 Letter Sound Flashcards (PDF)**
phonicsacademy.com/printables/abc-phonics-flashcards-43
- **Read: Letter Sounds vs Letter Names: Which Should You Teach First?**
phonicsacademy.com/blog/letter-sounds-vs-letter-names
- **The "f" sound — full page**
phonicsacademy.com/phonemes/f
- **Read: Phonemes List (Free PDF): 43 English Letter Sounds with Examples**
phonicsacademy.com/blog/43-english-phonemes-list
- **Game: Letter Trace**
phonicsacademy.com/play/letter-trace

HEAR IT, FIND IT

Say the sound (not the letter name). Your child points to the letters. Tick first-try answers.

#	SAY / SHOW	CHOICES	ANSWER	
1	Say /f/	f, b, h	f	☐
2	Say /b/	b, p, f	b	☐
3	Say /h/	h, f, b	h	☐

WATCH FOR common mix-ups and what to do

Says the sound too quickly to hear. -> /f/ can be stretched: hold it like a long note, ffff, then let go.

Mixes up /f/ and /v/. -> Same teeth-on-lip position — /v/ just adds a buzz from your voice box.

TOO HARD? MAKE IT EASIER

Only do the listening parts today: hear it, say it, find it in pictures. Save the writing for tomorrow.

TOO EASY? MAKE IT HARDER

Read these words and then write two of them from memory: fan, fun, fat, fit, fog.

HOW DID IT GO?

MY CHILD CAN...

- ☐ Says /f/ when shown "f".
- ☐ Hears /f/ in a word you say (fan).
- ☐ Writes "f" starting in the right place.

Date: _____

Colour in the stars:



Notes: _____