

New sound: e

27

Lesson 27 of 83 (ages 3-6) / 21 of 77 (age 7+) · Letter Sounds · Ages 3-7+ · about 10 min

GOAL

Your child can say /e/ when they see "e", and hear it in words like egg.

WHY IT MATTERS

Short vowels are in the middle of almost every word.
/e/ is the sound in egg, end, elf: without it, nothing blends.

YOU'LL NEED

- The practice sheet for this lesson (worksheet.pdf) and a pencil or crayon.
- The lesson page on a phone or tablet, for the sounds and games.

LESSON FLOW about 10 minutes

1 min

Warm up

Quick flash of the last sounds: write "k", "c", "o" on paper, point, and your child says each sound.

SAY | "What sound is this? And this one?"

2 min

Listen

Play /e/ on the lesson page three times. Your child watches your mouth and copies.

SAY | "This is /e/. Watch my mouth: mouth slightly open, short 'eh'."

2 min

Show how

Show the letter "e" and the action: Pretend to crack an egg and say eh-eh-eh. Then tap the words on the lesson page.

SAY | "When I see e, I say /e/. egg: /e/ egg!"

2 min

Do it together

Sound hunt: find 3 things at home with /e/. Then do the trace-and-write part of the practice sheet. Read together: pet, men, pen, den.

2 min

Play

Play the games on the lesson page: hear /e/ and tap its letters, then find where the sound is in a word.

1 min

Wrap up

Ask your child to teach the sound and action to someone else in the family.

SAY | "Can you show Grandma our new sound?"

USE WITH THIS LESSON

- **This lesson online (listening + games)**
phonicademy.com/plan/session/sound-e
- **Printable: CVC Worksheet — Short E (Free PDF)**
phonicademy.com/printables/cvc-worksheet-e
- **Read: Phonemes List (Free PDF): 43 English Letter Sounds with Examples**
phonicademy.com/blog/43-english-phonemes-list
- **The "e" sound — full page**
phonicademy.com/phonemes/e
- **Printable: 43 Letter Sound Flashcards (PDF)**
phonicademy.com/printables/abc-phonics-flashcards-43
- **Read: Letter Sounds vs Letter Names: Which Should You Teach First?**
phonicademy.com/blog/letter-sounds-vs-letter-names

HEAR IT, FIND IT

Say the sound (not the letter name). Your child points to the letters. Tick first-try answers.

#	SAY / SHOW	CHOICES	ANSWER	
1	Say /e/	e, k, c	e	☐
2	Say /k/	k, g, e	k	☐
3	Say /c/	c, e, k	c	☐

WATCH FOR common mix-ups and what to do

Says the letter NAME ("ee") instead of the sound. -> Names come later. For reading we only use the sound: /e/ as in egg.

Mixes up /e/ and /ee/. -> Same starting mouth shape — "ee" is held longer instead of stopping short.

TOO HARD? MAKE IT EASIER

Only do the listening parts today: hear it, say it, find it in pictures. Save the writing for tomorrow.

TOO EASY? MAKE IT HARDER

Read these words and then write two of them from memory: pet, men, pen, den.

HOW DID IT GO?

MY CHILD CAN...

- ☐ Says /e/ when shown "e".
- ☐ Hears /e/ in a word you say (egg).
- ☐ Writes "e" starting in the right place.

Date: _____

Colour in the stars:



Notes: _____