

New sound: ch

54

Lesson 54 of 83 (ages 3-6) / 48 of 77 (age 7+) · Digraphs & Blends · Ages 3-7+ · about 10 min

GOAL

Your child can say /ch/ when they see "ch", and hear it in words like chin.

WHY IT MATTERS

"ch" is 2 letters that make ONE sound. Seeing them as one unit stops your child reading the letters separately, and unlocks words like chin, chop, chip.

YOU'LL NEED

- The practice sheet for this lesson (worksheet.pdf) and a pencil or crayon.
- The lesson page on a phone or tablet, for the sounds and games.

LESSON FLOW about 10 minutes

1 min

Warm up

Quick flash of the last sounds: write "qu", "z", "y" on paper, point, and your child says each sound.

SAY *"What sound is this? And this one?"*

2 min

Listen

Play /ch/ on the lesson page three times. Your child watches your mouth and copies.

SAY *"This is /ch/. Watch my mouth: tongue starts behind top teeth like 't', then releases with rounded lips like 'sh' — one quick t-sh sound."*

2 min

Show how

Show the letters "ch" and the action: Pretend to be a train and say ch-ch-ch. Then tap the words on the lesson page.

SAY *"When I see ch, I say /ch/. chin: /ch/ chin!"*
"Two letters, one sound. They're best friends: they always stick together."

2 min

Do it together

Sound hunt: find 3 things at home with /ch/. Then do the trace-and-write part of the practice sheet. Read together: chin, chop, chip, chat, check, much.

2 min

Play

Play the games on the lesson page: hear /ch/ and tap its letters, then find where the sound is in a word.

1 min

Wrap up

Ask your child to teach the sound and action to someone else in the family.

SAY *"Can you show Grandma our new sound?"*

USE WITH THIS LESSON

- **This lesson online (listening + games)**
[phonicademy.com/plan/session/sound-ch](https://www.phonicademy.com/plan/session/sound-ch)
- **Printable: Digraphs Worksheet — CH (Free PDF)**
[phonicademy.com/printables/digraphs-worksheet-ch](https://www.phonicademy.com/printables/digraphs-worksheet-ch)
- **Read: Digraphs List (Free PDF): ch, sh, th, ph, wh, ng**
[phonicademy.com/blog/digraphs-ch-sh-th](https://www.phonicademy.com/blog/digraphs-ch-sh-th)
- **The “ch” sound — full page**
[phonicademy.com/phonemes/ch](https://www.phonicademy.com/phonemes/ch)
- **Printable: Digraphs Cheat Sheet (PDF)**
[phonicademy.com/printables/abc-phonics-digraphs](https://www.phonicademy.com/printables/abc-phonics-digraphs)
- **Read: Consonant Blends: Full List, How to Teach Them + Free PDF**
[phonicademy.com/blog/consonant-blends-list](https://www.phonicademy.com/blog/consonant-blends-list)

HEAR IT, FIND IT

Say the sound (not the letter name). Your child points to the letters. Tick first-try answers.

#	SAY / SHOW	CHOICES	ANSWER	
1	Say /ch/	ch, j, qu	ch	☐
2	Say /qu/	qu, ch, z	qu	☐
3	Say /z/	z, s, ch	z	☐

WATCH FOR common mix-ups and what to do

- | | |
|--|---|
| Adds "uh" to the sound (chuh). | -> Keep it short and clipped: whisper it. /ch/, not chuh. Extra "uh" makes blending harder. |
| Reads the letters one by one (c-h). | -> Put one finger under both letters at once: "these two make one sound". |
| Mixes up /ch/ and /j/. | -> Same stop-then-hiss shape — /j/ just adds a buzz from your voice box. |

TOO HARD? MAKE IT EASIER

Only do the listening parts today: hear it, say it, find it in pictures. Save the writing for tomorrow.

TOO EASY? MAKE IT HARDER

Read these words and then write two of them from memory: chin, chop, chip, chat, check, much.

HOW DID IT GO?

MY CHILD CAN...

- ☐ Says /ch/ when shown "ch".
- ☐ Hears /ch/ in a word you say (chin).
- ☐ Writes "ch" as one sound unit.

Date: _____

Colour in the stars:



Notes: _____